



MADLEINE
LEVISON

WASHING HINTS

Modern textiles have made so many washing chores easy that we are apt to be careless and not achieve the best possible results. This applies particularly to washers and other knitted fashion of man-made fibres like nylon, Arnel, nylon and the textured nylon yarn called Bar-Lon, Tyrona and Rilexene.

These yarns are easy care. They can be washed by machine without harm. However, delicate precautions will guarantee the best results. When form trim pills on the surface of a sweater, or runs appear in the seams, we have been careless.

The strength of some fibres prevents the loose ends on the surface from breaking off. Instead they roll up into tight little balls or pills. Pilling can be eliminated by simply turning the article inside out before tossing it in the machine.

Any wash items are inclined to get severely tangled if left too long in the machine. After pulling back and forth is what causes seams to give and the sweater this means runches. But hot water may also cause some color damage, so we are advised to use cooler temperatures for washing.

We have been talking mainly about man-made fibre sweaters but these same rules apply equally to wool even though they are not sweaters. This means runches, but too much soap, and too much rubbing are all things which cause fraying because they make the fibres matt together. Wool will also become matted and run.

A squeezing motion is recommended for wool, never rubbing. And we are advised not to lift the article up and down in the water as this will make the fibres stretch.

The latest fashions have never been more popular than today and we all seem to possess more items of this nature. Whether they are of man-made fibres or natural wool, our knitters will reward us with longer wear and continuing good looks if we follow these simple rules.

TRANSPORT HEARING
Roderic C. Carter, Q.C., Saskatoon, has been retained by the Saskatchewan Government to counsel in connection with the province's submission to the Royal Commission on Transportation.

SALES OF FISH
Golden, crisp walleye, herring and tender pan-fried or easy-to-prepare French toast served with sausage are favourite combinations.

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THE RCAF'S GOLDEN HAWKS aerobatic team which last year won the accolade of thousands of Canadians, will perform again at Air Force Days and major civil air shows.

of the few Canadian aerobatic teams to perform on a nation-wide basis, the Golden Hawks were created last year and took part in celebrations marking the RCAF's 50th birthday and the 50th Anniversary of Powered Flight in Canada. During the year they took part in 65 demonstrations of formation and solo aerobatics. For their performances, the Hawks will fly their familiar gold, red and white F-86 Sabres. Except for one exception, the team will be the same as last year. Leading the Hawks will be Squadron Leader Fern Villeneuve of Ottawa, with Flight Lieutenants Jim McNamee of Fredericton, N.B., and Bill Rozbicki of St. John's, N.S., as wingmen, and Flying Officer Bill Stewart of Dalhousie, N.S., in the slot position. Flight Lieutenants Ralph Adams of Meaford, N.B., and John Price of Keweenaw, P.E.I., will perform the solo maneuvers while the team's Flight Lieutenant Dave Tison of Toronto will fill the standby position.

N.H.L. STATISTICAL CARD AVAILABLE

Any hockey fan desirous of obtaining an N.H.L. Statistical Card containing the first Official Statistics for both the Regular Season and Playoffs for 1959-60 may obtain one free by writing to: The Information Bureau, National Hockey League, 601 St. Louis Building, Montreal, Canada.

THE FAMILY DOCTOR



"ADULTHOOD IS GO THROUGH PHASE PARENTS DO TOO"

There's nothing satisfying for breakfast than perfectly cooked sausages with fried eggs. Fry the sausages 20 to 25 minutes first, then cook the eggs slowly in a little of the fat, turning and basting, spooning the fat over the eggs to cook the whites on top. Serve with toast and apple juice.

SAUSAGES FOR BREAKFAST

For Sunday brunch. Serve with plenty of butter and a plentiful amount of flour.

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Urges caution when painting with pressurized equipment

Work outside when working with flammable material. Where fumes are present, make certain that windows are open, and that stored, paint lights and other ignition sources are off.

NO SMOOKING IN THE ROOM

Get rid of old paint and solvent containers, and containers with small leftover amounts of paint. Store paint and solvent in capped metal containers only. Glass jars and bottles break easily creating a definite fire hazard.

RAGS USED TO WIP UP OF SOLVENT SHOULD BE DISPOSED OF IMMEDIATELY OUTSIDE THE HOUSE. (If such material is to be stored, use metal container with tight cover.)

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CNR's last "Iron Horse"

A crowd of more than 150 rail way fans, retired CNR employees and officials, saw steam locomotive No. 604 with CNR Train No. 1000 from The Pas to Winnipeg make history here recently. Its arrival marked the end of the steam locomotive era on the entire CNR system.

J. R. McMillan, vice-president, CNR, Western Region, said it was a day of pride mixed with nostalgia.

"After years of careful planning, we now have completed our diesel-to-diesel conversion program."

"To have done this, however, meant having company with a faithful servant who has contributed greatly to the welfare of every Canadian. I refer, of course, to the steam locomotive—that thundering, shambling giant of the road whose remarkable record of service will never be forgotten."

"For 124 years—since 1836—through the struggle and peace, the country has expanded from small settlements to a thriving network of cities extending from the Atlantic to the Pacific."

"The CNR, since 1929 by the Canadian Locomotive Co. at Kingston, Ont. and has served in all parts of Canada's mainland."

After congratulating the engine crew, Mr. McMillan invited Premier Duff Roblin of Manitoba to do an engineer's cap and take over the controls of No. 604 to start on its final trip to the Roundhouse. The Premier said he was delighted to have a part in this history-making ceremony. "There's something in operating a steam locomotive that I realized," he added. "However, I am glad to have had the opportunity to drive a big locomotive because it has been a lifelong ambition of mine."

The CNR crew which brought the last steam-powered train to the Dauphin to Winnipeg included Engineer Len Routledge, Fireman Nicholas Shoroback and Conductor Samuel Marshall.

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CAN YOU COPE?

With vacation time going faster, it is a good thing to take stock of abilities that could be called upon in cases of emergency.

The person who can swim has less to fear from being thrown into the water or from stepping beyond his depth. Swimming lessons are available in most communities and it is surprising how quickly the skill can be learned. The ability to dive into water and save a child or adult from drowning can also be learned—often less, of this knowledge could cause the victim to be rescued to drown, too. Lessons in artificial respiration don't require this reason to enter the water, either for lessons or to put the ability into action. Some of these skills may be acquired with out—information can be ob-

LA RONGE TO STAGE SUMMER FESTIVAL

A northern Saskatchewan summer festival will highlight the year's calendar of holiday events as the popular tourist centre of La Ronge.

The three-day event is being sponsored by the La Ronge Chamber of Commerce, with a tentative date for July 28th. With Fred Galt, Manager in charge of arrangements is Walter Rasm, President. Plans include an aquatic derby, aquatic games, a musical parade, a parade and a selection of a northern Saskatchewan festival concert. Evening entertainment planned for festival visitors are carnival events, races, fish fries and dancing.

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ANNE HEGGVIT, Canada's Commercial judge of the New Canadian Mother award, congratulates Mrs. R. B. De Groot of Regina. Mrs. De Groot was chosen from among hundreds of entries as the FTD New Canadian Mother of the Year because of her work for mentally handicapped children.

Sask. Wheat Pool reports

An estimated 24,500,000 bushels of all grains including rye and barley remained in Saskatchewan fields on May 6, according to the first crop report issued by the Saskatchewan Wheat Pool. An undetermined percentage of this grain may not be harvested, the Pool report indicated. Reports from northern and eastern parts of the province indicated that some of the crop left out all winter suffered losses in grade and yield.

Seeding was reported to be much later than last year in most of the province according to the Pool's report. At this time a year

ago, approximately 28 percent of Saskatchewan wheat acreage had been seeded. At the same date this year only about 6 percent of the wheat was in the ground. Coarse grain seeding was similarly behind last year's report.

One bright feature of the report showed that all of the 818 stations reporting on May 6 had sufficient surface moisture to assure good germination. Reports from 89 percent indicated that subsoil moisture was good. At 18 percent of the points it was considered fair. Only 5 points in west central Saskatchewan expressed doubt about

the amount of subsoil moisture available for the 1960 crop.

The largest amounts of grain remaining unharvested were along the east side of the province and across the north to a point about half way between Prince Albert and North Battleford. In the Wheat Pool districts covering around Prince Albert, Midford, Rose Valley and Canora from 16 to 35 percent of the grain was still in the field at the weekend. At some shipping points the reports indicated that as much as 30 percent of the 1959 crop still remained unharvested.

In northwestern Saskatchewan where large amounts of grain had been out all winter, only about 7 percent of the crop was left to be

harvested on the basis of a district average.

On the basis of last fall's estimated yields for various districts in the province approximately 24,500,000 bushels of grain still remained in the fields at the time of the Wheat Pool survey. This figure does not take into account known losses which have been suffered during the winter, nor in any attempt made to estimate the amount of grain which will not be salvaged this spring. Government estimates indicated that about 22,000,000 bushels of the 1959 wheat crop remained unharvested at the end of December.

In eastern and northern Saskatchewan, from 4 to 3 percent of last year's rye and crop remain

ed to be harvested on May 6.

Weather throughout Saskatchewan remained generally poorer than normal during April. This had the effect of keeping fields too wet for seeding operations and it seriously delayed harvesting in many parts of the province where grain was left out all winter.

Frost occurred at many points in the province every night during April. The same trend continued into May with frost being common at several points each night during the first week of the month. Precipitation occurred at 69 of the 615 reporting points during the first week of May bringing an average of about half an inch of rain to these stations. Rains were most prevalent in the east and northeast parts of the province.

Only men are eligible to sit in the British House of Lords.

Egg marketing in Sask. show drop

Egg marketing in Saskatchewan through registered egg grading stations has dropped 43 percent during the first 16 weeks of this year as compared with the same period in 1958.

During the same period marketing through registered egg grading stations for all of Canada dropped only 8.84 percent. Eggs set in commercial hatcheries in the province are 30 percent below those of last year.

RAW MILK

Milk should never be taken raw. Unpasteurized milk may carry the germs of undulant fever, spotted throat, bovine TB or other serious diseases.

GIVE TO CONQUER CANCER

Learning to Fly Whirlybirds

Tidy towns

White council may be able to prohibit accumulations of junk and bad eyesores in back yards, the extra neatness which will set a town apart from its neighbors cannot be decreed by a resolution. It can only come through the respective spirit of neighbors and an inherent wish to do one's share to improve one's surroundings.

The relative cleanliness will be established by pride in and love for one's home town. The visitor to a municipality who sees well-ordered lawns and property will know the town is thriving and is a good place to live.

The speed with which grounds were cleared up in this area after the disappearance of the most testified to the industries nature of the folk who live here, and to their enjoyment of their environment. Where once the well-kept lawns and tidy homes stood out, it would be hard to select the finest grounds here or there. No lawn is necessary to make good and improve the appearance of the homes and while there may be a few who will not do their share, we would rather suffer than permit legislation to be enacted requiring action. Instead of satisfaction with well-done work there would be resentment and a minimum of effort.

Young Canadians who feel the right career must combine adventure and freedom with high financial rewards are finding the answer in training as pilots for Canada's multimillion helicopter industry. Probably no other modern machine has shown such astonishing growth in the past decade as this ungainly whirlybird which has tackled an endless variety of jobs with incredible skill and efficiency. Proud of its claim as the "cost cutting" "copier" this mechanical hummingbird - which can fly vertically, stand still in the air, or fly backwards - has proven itself under the most difficult and challenging conditions.

In appearance man's one of the most colorful items in known to his associates as "Mr. Helicopter", has been credited with training more helicopter mountain pilots than any other man alive. Students at the school put in 4 months training during which time they receive basic classroom instruction and must log 75 flying hours - half of them solo. Cost of the training runs high but rewards are commensurate: salaries run in the \$10,000 and up bracket. Job opportunities invariably outnumber supply. With the exploitation of Canada's mineral wealth in the north and helicopter runs forecast for several Canadian cities by 1961, it looks as though things are going to stay that way for some time to come.



Carl Agar—"Mr. Helicopter"

the ledger of Canada's recent economic growth. As acceptance of this versatile wonder bird of modern aviation has spread throughout industry, the demand for helicopter pilots has grown too.

In 1950 Carl Agar, who today runs the largest commercial helicopter operation in the world, started a school for helicopter pilots at Penitence, British Columbia. The mountainous terrain of Canada's West Coast was particularly suitable for training helicopter even in the intricate skills of mountain flying and Carl Agar,

Use of helicopters is growing steadily in Canada and the need for qualified helicopter pilots continually outstrips supply. Above, at Canada's only school for helicopter pilots in Penitence, B.C., 3 students come in for a landing after a busy day of training in surrounding mountain ranges.



ESKIMO CARVERS—Prime Minister Diefenbaker receives Canada's famous Eskimo carvers from Puvionnetuk, P.Q., in the House of Commons recently while the Eskimo Affairs Council was under way in Ottawa. Seen with the Prime Minister are sculptors Anguillier and Sherguip who have just returned from a trip through the U.S. to promote their work.



Students, who must hold commercial pilot's licence, log 75 hours in the air during 4 month course. Above, Fred LaGrice (centre) receives instructions before take-off.



Instructor Ed Phillips (left) checks out level in tail rotor of helicopter. Ability to service own cockpit is essential since pilots often operate on their own in remote areas.

EXPERIENCE

"Experience" comes in different ages, our experience illustrates quite vividly that the individual is the only one who can make the decision as to what is best for him. Employer's skills that otherwise would be thrown away are utilized for a further period, which means that these people continue to be producers, better consumers and taxpayers for a longer period.

Dwight S. Sargent

APPLAUD WAY

Population experts say there are between 30 and 60 million refugees in the world.

Applauded by all

PRINTED PATTERN

4700
SIZES
6-17



by Anne Adams
All the fashion world builds the style, with subtle collar that "capes" your shoulders above a cloud of a sheer, flatter shape for junior figures - front banding suggests Empire line.
Printed Pattern 4700 Jr. Misses Size 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100.
Petals cannot be accepted for return. Please print name, address, city, state, zip, and phone number.
Household Arts Department
Department F.L.L.
60 Front Street W., Toronto

Newspaperman, pioneers honored

One of Canada's best known and most popular country newspaper editors and two of Saskatchewan's early pioneers have been honored posthumously for having made important contributions to the province's history in their careers.

Dr. Walter Ashford Turner, publisher of one of the oldest newspapers in the province, the *Delia Times*, was born in 1855 and died October 3, 1938, in his 83rd year. He was born in 1855 in the township of La Ronge, in the north-western part of the province.

Dr. Turner was a pioneer of the Cargill and Assiniboia districts, where he lived for many years. He was a member of the Cargill and Assiniboia districts, where he lived for many years. He was a member of the Cargill and Assiniboia districts, where he lived for many years.

Bread or rolls

When you take freshly baked bread or rolls from the oven, take them out of the pan at once. This keeps moisture from condensing and spoiling the crust of the bread. Set slices of bread on cooling rack or wire.

Editorial: The editorial is a short, snappy, and to the point. It is a short, snappy, and to the point. It is a short, snappy, and to the point. It is a short, snappy, and to the point.

Now Wearing FALSE TEETH

For false teeth, see Dr. J. H. Smith, 304 Northern Crown Building, Regina, Sask. For false teeth, see Dr. J. H. Smith, 304 Northern Crown Building, Regina, Sask.

STOP ARTHRITIS

WITH Knowledge

WRITE FOR A FREE BOOKLET

"What you should know about Arthritis"

The Canadian Arthritis and Rheumatism Society

304 Northern Crown Building

Regina - Sask.

SUGAR 'N' SPICE!

Pineapple Muffins

OH! HOW NICE!

Sift together in a bowl

2 c. one-third part flour

or 1 1/2 c. one-third part flour

2 tps. Magic Baking Powder

1/4 tsp. salt



THIS IS HOLLYWOOD TOMMY JEROME

Earlier is just as big a holiday in Hollywood as it is anywhere else in the world. Every year the Hollywood Bowl attracts thousands of people to see the famous early season concert.

At 1 p.m. the service began as the large carillon bells sounded, thus breaking the early morning slumber of hundreds of people who were gathered in the stadium.

The entire front of the stage was decorated with thousands of floating white flowers. The night of the service was the first of the stage with hundreds of flowers in black robes, singing.

"Christ the Lord is Risen Today" was the first of the songs of the group. The group consisted of the black robes and revealed dazzling white robes, thus forming the dramatic "White-living" scene.

Earlier Pastor at Beverly Hills

The world famous Beverly Hills

QUICK CANADIAN QUIZ

1. In what city and what year was the first Canadian post office established?

2. In 1929 was Canadian retail spending greater or less than in 1928?

3. In 1929 was federal government spending \$2 billion. What is the estimated total for the present year?

4. Of all items imported by the official Canadian Price Index, which has shown the least increase since 1928-29, clothing, shelter, household equipment, other commodities and services?

5. What is the most recent estimate of Canada's population?

ANSWERS: 1. At January 1, 1929, 1,078,000. 2. For the year ending March 31, 1929, estimated spending is \$2,300,000,000. 3. In 1928-29, clothing, shelter, household equipment, other commodities and services? 4. Of all items imported by the official Canadian Price Index, which has shown the least increase since 1928-29, clothing, shelter, household equipment, other commodities and services? 5. What is the most recent estimate of Canada's population?

Arts Board awards two piano study bursaries

The Saskatchewan Arts Board is pleased to announce that piano study bursaries have been awarded to Miss Kay Parker of Regina and Miss Kathleen Tisdale of Stungies.

These bursaries are valued at \$200 each and are for a year of study leading to the artistic diploma of the Regina Conservatory of Music.

Sift together in a bowl

2 c. one-third part flour

or 1 1/2 c. one-third part flour

2 tps. Magic Baking Powder

1/4 tsp. salt

1/4 c. granulated sugar

Combine

TALL TOTEM TO OTTAWA

A 70-foot totem pole valued at more than \$3,000, a gift from the Boy Scouts of the U.S.A., National Scout headquarters, is being shipped to Ottawa by train.

The pole was carved by Chief Mungo, Martin of Victoria, one of the great carvers of the Kwakiwilt Indian Nation, who has been in the Royal Totem Pole Society since 1928.

Carved from a cedar log on the coast of British Columbia, the totem pole depicts six men.

The totem pole is being shipped to Ottawa by train. It is being shipped to Ottawa by train. It is being shipped to Ottawa by train.

St. No. 16 Downing Street

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BEVERLY ADLAND, 17-year-old former girl friend of Earl Potts, smiles as she appears at Juvenile Court on a charge of being delinquent. She got into trouble when a current boy friend died of gunshot wounds in her apartment.

A small town is a place where everyone knows what everyone else is doing but still reads the local paper to see if they have been caught at it.

Women and children in Arabia

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Sask. Junior Red Cross approach goal

Saskatchewan's Red Cross members have given \$2,000 to the special Junior Red Cross appeal for World Refugee Year. It is expected that the total goal of \$15,000 based on a dime per member will be reached within the next month. The donation represents hundreds of acts of self-denial, "chore days," tea, bazaar, sales and other special events in Grades 1 to 12. The special campaign has been endorsed by the Department of Education and undertaken through the support of school principals, teachers, and the school children.

Kitchen plans

Everything you need to plan an efficient modern kitchen of any size is in the kitchen Planner 452. This pattern, which gives basic design, a scale gauge for

PLAN YOUR OWN KITCHEN PATTERN 452

making your own plan, and more information for standard plans is in the Kitchen Planner Pattern 452. This pattern also is in the Kitchen Planner Pattern 452 which includes directions for sliding stay-saving equipment for all sizes.

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STATE CONTROLLED MEDICAL CARE:

it's so simple...

Proposals for compulsory state-controlled medical care are deceptively simple as presented:

1. You would pay a special head tax, as you do for the hospitalization plan. Other costs would be paid out of general revenue.

2. You would get complete medical care.

BUT...it isn't so simple

State Medicine is not so simple as it is made to sound. The British had to have a volume 1,200 pages long to contain all their official regulations and decrees.

General revenue is just a nice way of saying taxes — sales tax, land tax, corporation tax, gasoline tax, etc. You would pay for these "other costs" through increased taxes. In fact, it would cost you much more than voluntary plans now available.

If complete health care is similar to that offered by the Swift Current Plan — less coverage is being offered than that already provided by Group Medical Services and Medical Services Inc. — and at a considerably increased cost.

WHO WANTS STATE CONTROLLED MEDICINE?

The first state medicine plan was launched by Bismarck in Germany in the 1880's.

In the past few years peaceful politicians have been exploiting the plan as a means of getting votes.

Critics are led to believe they would get complete medical service for nearly nothing. Of course, people have this — if they don't ask whether it's possible.

WHAT ARE THE FACTS?

Saskatchewan, right now, enjoys the highest medical care coverage in Canada. Over two-thirds of the population, or approximately 650,000, are covered by voluntary prepaid medical care of their choice.

A high standard of personal medical care is available and no one is denied medical care because of race, religion, ability to pay, or state of health.

A glance at infant mortality rates and other statistics will prove that our citizens enjoy a high standard of good health, and it is impossible to see any improvement in the health field.

Politics and Medicine Don't Mix

Past failures in other countries show that politics and medicine just don't mix. In addition to best administration, the line between doctor and patient are weakened.

The doctor must obey the instructions given him by politicians entrenched in high government posts. In many situations, he is not free to use his own judgment. Not even to treat the patient as an individual.

There are five main points of opposition by the medical profession of Saskatchewan to the proposed compulsory state medical plan. They are:

1. imposes compulsion and government control.

2. lowers standard of medical care at prohibitive costs.

3. lack of need.

4. efficient, existing voluntary medical plans would be eliminated.

5. doctors would work for government rather than patients.

LABOUR FORCE

Since 1949 the Canadian labour force has increased by 1.4 million persons and a reduction in farm employment from 1,270,000 to about 700,000 has added that many more to the non-farm labour force in the period.

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